

DYMATIZE® ISO100 HYDROLYZED

World's best selling isolate before and after training



Product description

— World's best selling isolate before and after training! —

Everyone looking for a lean and powerful physique knows about the challenge of supporting the promotion of muscle protein synthesis and assuring the right caloric intake for your physique goals. This requires highest product quality, providing the right quantity of protein with as little surplus calories as possible.

ISO100 HYDROLYZED is a super premium combination of hydrolyzed whey protein isolate and whey protein isolate – the most advanced formula from DYMATIZE. Through enzymatic hydrolysis whey protein is broken down partially into amino acid chains which makes it very easy to digest. ISO100 HYDROLYZED is a perfect choice after and even before exhausting workouts. Free from sugar and fat it's super lean with less than 116 kcal per serving when mixed with water.

- World's best selling isolate
- "Award winning isolate" four years in a row (2013-2016)
- 25 g of whey protein isolate per serving
- Each serving contains 5,6–5,8 g BCAAs including 2,6–2,7 g of the key amino acid L-Leucine, depending on flavour
- Free from sugar and fat and less than 116 kcal per serving (mixed with water)
- Free from gluten
- Suitable for vegetarians
- Banned substance tested by "Informed-Choice" for athletes' assurance and highest product quality

7 great tasting flavours of Dymatize ISO100

- Gourmet Chocolate
- Gourmet Vanilla
- Strawberry
- Fudge Brownie
- Cookies & Cream
- Birthday Cake
- Smooth Banana

Suggested usage

- 1-2 portions per day. Enjoy prior to workouts, after workouts or anytime you desire a high-protein drink.
- As part of a varied and balanced diet and a healthy lifestyle.
- For Smooth Banana, Cookies & Cream, Strawberry, Gourmet Vanilla:
Mixing instructions: Add 1 scoop (included) to 150-180 ml (5-6 oz) of water, milk or a drink of your choice and mix thoroughly.
- For Gourmet Chocolate, Fudge Brownie, Birthday Cake:
Mixing instructions: Add 1 scoop (included) to 215 ml (7 oz) of water, milk or a drink of your choice and mix thoroughly.

Technical information

- 900 g per jar (28–30 servings, depending on flavour)
- 6 jars per case
- Store in a cool, dry place.
- Sold by weight, not volume.
- Distributor: Active Nutrition International GmbH, Zielstattstraße 42, D-81379 München, Phone +49 (0)89 502 007 0, www.dymatize.com

900 g jar

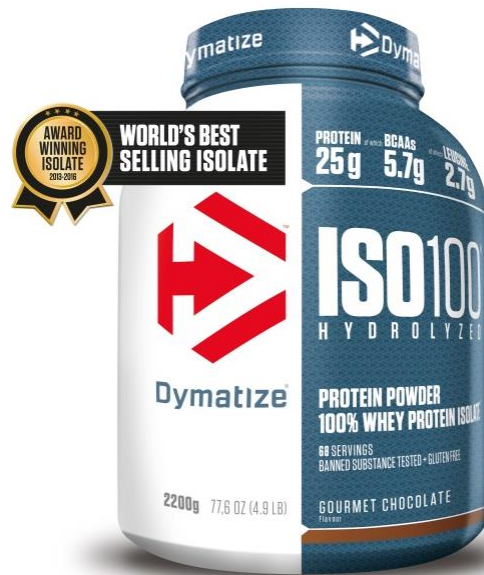
Flavour	SKU	EAN Jar	EAN Case
Gourmet Chocolate	25180201	4029679671386	4029679671393
Gourmet Vanilla	25181501	4029679671508	4029679671515
Strawberry	25181101	4029679671461	4029679671478

- 2200 g per jar (68–73 servings, depending on flavour)
- 6 jars per case
- Store in a cool, dry place.
- Sold by weight, not volume.

2200 g jar

Flavour	SKU	EAN Jar	EAN Case
Gourmet Chocolate	25190201	4029679671409	4029679671416
Gourmet Vanilla	25191501	4029679671522	4029679671539
Strawberry	25191101	4029679671485	4029679671492
Fudge Brownie	25196601	4029679671447	4029679671454
Cookies & Cream	25197401	4029679671423	4029679671430
Birthday Cake	25198401	4029679671362	4029679671379
Smooth Banana	25190501	4029679671348	4029679671355

**This information is presented for illustrative purposes only.
Any specifications and values on the actual product packaging will
always take precedence over any factsheet guidelines.**



Legal denomination

High-protein drink powder from whey protein isolate with sweetener for athletes, chocolate flavour.

Ingredients

Hydrolyzed whey protein isolate (**milk**) (47%), whey protein isolate (**milk**) (43%), fat reduced cocoa powder, emulsifiers (sunflower lecithin, **soy** lecithin), salt, flavouring, flavour enhancer (potassium chloride), sweetener (sucralose).

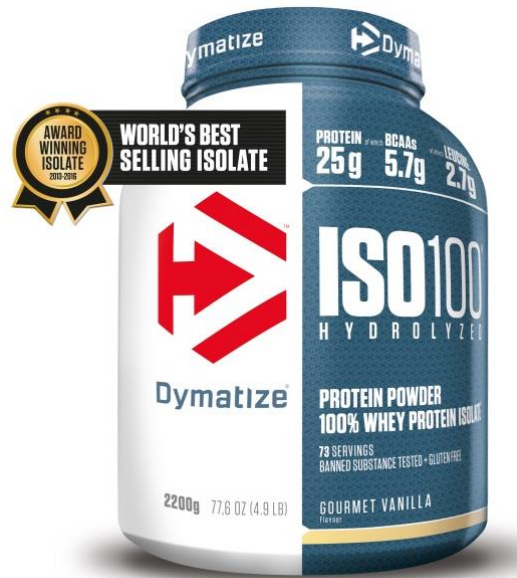
Nutrition Information

Nutrition Information	per 100 g	per portion (32 g*)
Energie kJ (kcal)	1527 (360)	489 (115)
Fat	1,1 g	0,4 g
of which saturates	0,6 g	0,2 g
Carbohydrate	7,5 g	2,4 g
of which sugars	1,6 g	0,5 g
Protein	78 g	25 g
Salt	1,6 g	0,51 g

Naturally occurring amino acid profile	per 100 g	per portion (32 g*)
**L-Valine	4,6 g	1,5 g
**L-Leucine	8,4 g	2,7 g
**L-Isoleucine	4,7 g	1,5 g
L-Alanine	3,9 g	1,3 g
L-Arginine	1,9 g	600 mg
L-Aspartic acid	8,4 g	2,7 g
L-Cysteine	1,7 g	537 mg
L-Glutamic acid	14 g	4,5 g
Glycine	1,3 g	405 mg
**L-Lysine	7,4 g	2,4 g
**L-Histidine	1,4 g	435 mg
**L-Methionine	1,8 g	561 mg
**L-Phenylalanine	2,4 g	766 mg
L-Proline	4,4 g	1,4 g
L-Serine	3,8 g	1,2 g
**L-Threonine	5,3 g	1,7 g
**L-Tryptophan	1,2 g	384 mg
L-Tyrosine	2,2 g	689 mg

* per 32 g in 215 ml (7 oz) water **essential amino acids

Sum of BCAAs (L-Valine, L-Leucine, L-Isoleucine): 18 g (5,7 g per serving)



Legal denomination

High-protein drink powder from whey protein isolate with sweeteners for athletes, vanilla flavour.

Ingredients

Hydrolyzed whey protein isolate (**milk**) (50%), whey protein isolate (**milk**) (46%), emulsifiers (sunflower lecithin, **soy** lecithin), flavouring, salt, sweeteners (sucralose, steviol glycosides), anti-foaming agent (dimethyl polysiloxane).

Nutrition Information

Nutrition Information	per 100 g	per portion (30 g*)
Energie kJ (kcal)	1555 (366)	467 (110)
Fat	0,4 g	0,1 g
of which saturates	0,2 g	0,1 g
Carbohydrate	7,6 g	2,3 g
of which sugars	1,6 g	0,5 g
Protein	82 g	25 g
Salt	0,85 g	0,26 g

Naturally occurring amino acid profile	per 100 g	per portion (30 g*)
**L-Valine	4,9 g	1,5 g
**L-Leucine	8,9 g	2,7 g
**L-Isoleucine	5,0 g	1,5 g
L-Alanine	4,2 g	1,3 g
L-Arginine	2,0 g	599 mg
L-Aspartic acid	8,9 g	2,7 g
L-Cysteine	1,8 g	537 mg
L-Glutamic acid	15 g	4,5 g
Glycine	1,3 g	405 mg
**L-Lysine	7,9 g	2,4 g
**L-Histidine	1,4 g	435 mg
**L-Methionine	1,9 g	561 mg
**L-Phenylalanine	2,6 g	766 mg
L-Proline	4,7 g	1,4 g
L-Serine	4,0 g	1,2 g
**L-Threonine	5,7 g	1,7 g
**L-Tryptophan	1,3 g	384 mg
L-Tyrosine	2,3 g	689 mg

* per 30 g in 150-180 ml (5-6 oz) water ** essential amino acids

Sum of BCAAs (L-Valine, L-Leucine, L-Isoleucine): 19 g (5,7 g per serving)



Legal denomination

High-protein drink powder from whey protein isolate with sweeteners for athletes, strawberry flavour.

Ingredients

Hydrolyzed whey protein isolate (**milk**) (49%), whey protein isolate (**milk**) (45%), emulsifiers (sunflower lecithin, **soy** lecithin), flavouring, salt, colour (beetroot red), acids (malic acid, citric acid), sweeteners (sucralose, steviol glycosides), anti-foaming agent (dimethyl polysiloxane).

Nutrition Information

Nutrition Information	per 100 g	per portion (30 g*)
Energie kJ (kcal)	1555 (366)	467 (110)
Fat	0,4 g	0,1 g
of which saturates	0,2 g	0,1 g
Carbohydrate	8,0 g	2,4 g
of which sugars	1,6 g	0,5 g
Protein	82 g	25 g
Salt	0,90 g	0,27 g

Naturally occurring amino acid profile	per 100 g	per portion (30 g*)
**L-Valine	4,9 g	1,5 g
**L-Leucine	8,9 g	2,7 g
**L-Isoleucine	5,0 g	1,5 g
L-Alanine	4,1 g	1,2 g
L-Arginine	2,0 g	596 mg
L-Aspartic acid	8,9 g	2,7 g
L-Cysteine	1,8 g	534 mg
L-Glutamic acid	15 g	4,5 g
Glycine	1,3 g	402 mg
**L-Lysine	7,9 g	2,4 g
**L-Histidine	1,4 g	432 mg
**L-Methionine	1,9 g	557 mg
**L-Phenylalanine	2,5 g	761 mg
L-Proline	4,7 g	1,4 g
L-Serine	4,0 g	1,2 g
**L-Threonine	5,6 g	1,7 g
**L-Tryptophan	1,3 g	382 mg
L-Tyrosine	2,3 g	684 mg

* per 30 g in 150-180 ml (5-6 oz) water ** essential amino acids

Sum of BCAAs (L-Valine, L-Leucine, L-Isoleucine): 19 g (5,6 g per serving)



Legal denomination

High-protein drink powder from whey protein isolate with sweeteners for athletes, fudge-brownie flavour.

Ingredients

Hydrolized whey protein isolate (**milk**) (46%), whey protein isolate (**milk**) (42%), fat reduced cocoa powder, emulsifiers (sunflower lecithin, **soy** lecithin), flavourings, salt, flavour enhancer (potassium chloride), sweeteners (sucralose, steviol glycosides), anti-foaming agent (dimethyl polysiloxane).

Nutrition Information

Nutrition Information	per 100 g	per portion (32 g*)
Energie kJ (kcal)	1545 (364)	494 (116)
Fat	1,3 g	0,4 g
of which saturates	0,8 g	0,3 g
Carbohydrate	9,8 g	3,1 g
of which sugars	1,5 g	0,5 g
Protein	77 g	25 g
Salt	1,3 g	0,43 g

Naturally occurring amino acid profile	per 100 g	per portion (32 g*)
**L-Valine	4,5 g	1,5 g
**L-Leucine	8,3 g	2,7 g
**L-Isoleucine	4,7 g	1,5 g
L-Alanine	3,9 g	1,3 g
L-Arginine	1,9 g	611 mg
L-Aspartic acid	8,3 g	2,7 g
L-Cysteine	1,7 g	547 mg
L-Glutamic acid	14 g	4,6 g
Glycine	1,3 g	413 mg
**L-Lysine	7,4 g	2,4 g
**L-Histidine	1,3 g	443 mg
**L-Methionine	1,7 g	572 mg
**L-Phenylalanine	2,4 g	781 mg
L-Proline	4,4 g	1,4 g
L-Serine	3,7 g	1,2 g
**L-Threonine	5,3 g	1,7 g
**L-Tryptophan	1,2 g	392 mg
L-Tyrosine	2,1 g	702 mg

* per 32 g in 215 ml (7 oz) water ** essential amino acids

Sum of BCAAs (L-Valine, L-Leucine, L-Isoleucine): 17 g (5,8 g per serving)



Legal denomination

High-protein drink powder from whey protein isolate with sweeteners for athletes, cookies&cream flavour.

Ingredients

Hydrolized whey protein isolate (**milk**) (49%), whey protein isolate (**milk**) (45%), emulsifiers (sunflower lecithin, **soy** lecithin), fat reduced cocoa powder, flavourings (**milk**), salt, flavour enhancer (potassium chloride), sweeteners (sucralose, steviol glycosides), anti-foaming agent (dimethyl polysiloxane).

Nutrition Information

Nutrition Information	per 100 g	per portion (30 g*)
Energie kJ (kcal)	1544 (364)	463 (109)
Fat	0,5 g	0,2 g
of which saturates	0,3 g	0,1 g
Carbohydrate	7,1 g	2,1 g
of which sugars	1,6 g	0,5 g
Protein	82 g	25 g
Salt	1,1 g	0,34 g

Naturally occurring amino acid profile	per 100 g	per portion (30 g*)
**L-Valine	4,9 g	1,5 g
**L-Leucine	8,8 g	2,7 g
**L-Isoleucine	5,0 g	1,5 g
L-Alanine	4,1 g	1,2 g
L-Arginine	2,0 g	595 mg
L-Aspartic acid	8,9 g	2,7 g
L-Cysteine	1,8 g	533 mg
L-Glutamic acid	15 g	4,4 g
Glycine	1,3 g	402 mg
**L-Lysine	7,9 g	2,4 g
**L-Histidine	1,4 g	432 mg
**L-Methionine	1,9 g	557 mg
**L-Phenylalanine	2,5 g	761 mg
L-Proline	4,7 g	1,4 g
L-Serine	4,0 g	1,2 g
**L-Threonine	5,6 g	1,7 g
**L-Tryptophan	1,3 g	381 mg
L-Tyrosine	2,3 g	684 mg

* per 30 g in 150-180 ml (5-6 oz) water ** essential amino acids

Sum of BCAAs (L-Valine, L-Leucine, L-Isoleucine): 19 g (5,6 g per serving)



Legal denomination

High-protein drink powder from whey protein isolate with sweeteners for athletes, vanilla cream cake flavour.

Ingredients

Hydrolyzed whey protein isolate (**milk**) (50%), whey protein isolate (**milk**) (45%), emulsifiers (sunflower lecithin, **soy** lecithin), flavourings (**milk**), salt, sweeteners (sucralose, steviol glycosides), anti-foaming agent (dimethyl polysiloxane).

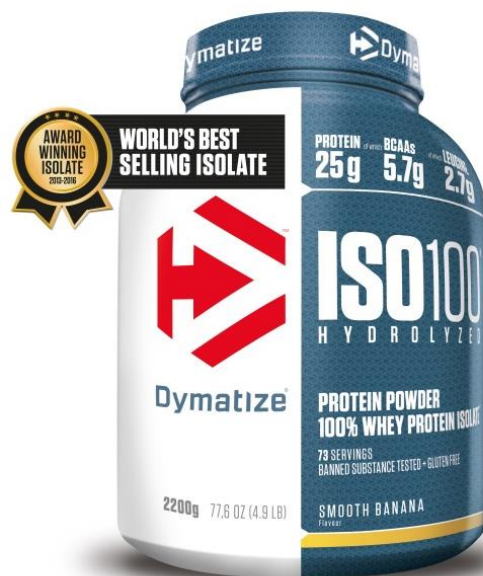
Nutrition Information

Nutrition Information	per 100 g	per portion (30 g*)
Energie kJ (kcal)	1558 (367)	467 (110)
Fat	0,5 g	0,2 g
of which saturates	0,3 g	0,1 g
Carbohydrate	9,1 g	2,7 g
of which sugars	1,6 g	0,5 g
Protein	82 g	25 g
Salt	1,6 g	0,47 g

Naturally occurring amino acid profile	per 100 g	per portion (30 g*)
**L-Valine	4,8 g	1,5 g
**L-Leucine	8,8 g	2,6 g
**L-Isoleucine	5,0 g	1,5 g
L-Alanine	4,1 g	1,2 g
L-Arginine	2,0 g	594 mg
L-Aspartic acid	8,9 g	2,7 g
L-Cysteine	1,8 g	532 mg
L-Glutamic acid	15 g	4,4 g
Glycine	1,3 g	401 mg
**L-Lysine	7,9 g	2,4 g
**L-Histidine	1,4 g	431 mg
**L-Methionine	1,9 g	556 mg
**L-Phenylalanine	2,5 g	759 mg
L-Proline	4,7 g	1,4 g
L-Serine	4,0 g	1,2 g
**L-Threonine	5,6 g	1,7 g
**L-Tryptophan	1,3 g	381 mg
L-Tyrosine	2,3 g	682 mg

* per 30 g in 215 ml (7 oz) water ** essential amino acids

Sum of BCAAs (L-Valine, L-Leucine, L-Isoleucine): 19 g (5,6 g per serving)



Legal denomination

High-protein drink powder from whey protein isolate with sweeteners for athletes, banana flavour.

Ingredients

Hydrolyzed whey protein isolate (**milk**) (50%), whey protein isolate (**milk**) (46%), emulsifiers (sunflower lecithin, **soy** lecithin), flavourings (**milk**), salt, flavour enhancer (potassium chloride), sweeteners (sucralose, steviol glycosides), anti-foaming agent (dimethyl polysiloxane).

Nutrition Information

Nutrition Information	per 100 g	per portion (30 g*)
Energie kJ (kcal)	1558 (367)	467 (110)
Fat	0,4 g	0,1 g
of which saturates	0,2 g	0,1 g
Carbohydrate	7,2 g	2,2 g
of which sugars	1,6 g	0,5 g
Protein	83 g	25 g
Salt	0,88 g	0,26 g

Naturally occurring amino acid profile	per 100 g	per portion (30 g*)
**L-Valine	4,9 g	1,5 g
**L-Leucine	9,0 g	2,7 g
**L-Isoleucine	5,1 g	1,5 g
L-Alanine	4,2 g	1,3 g
L-Arginine	2,0 g	605 mg
L-Aspartic acid	9,0 g	2,7 g
L-Cysteine	1,8 g	542 mg
L-Glutamic acid	15 g	4,5 g
Glycine	1,4 g	408 mg
**L-Lysine	8,0 g	2,4 g
**L-Histidine	1,5 g	439 mg
**L-Methionine	1,9 g	566 mg
**L-Phenylalanine	2,6 g	773 mg
L-Proline	4,7 g	1,4 g
L-Serine	4,1 g	1,2 g
**L-Threonine	5,7 g	1,7 g
**L-Tryptophan	1,3 g	388 mg
L-Tyrosine	2,3 g	695 mg

* per 30 g in 150-180 ml (5-6 oz) water ** essential amino acids

Sum of BCAAs (L-Valine, L-Leucine, L-Isoleucine): 19 g (5,7 g per serving)